

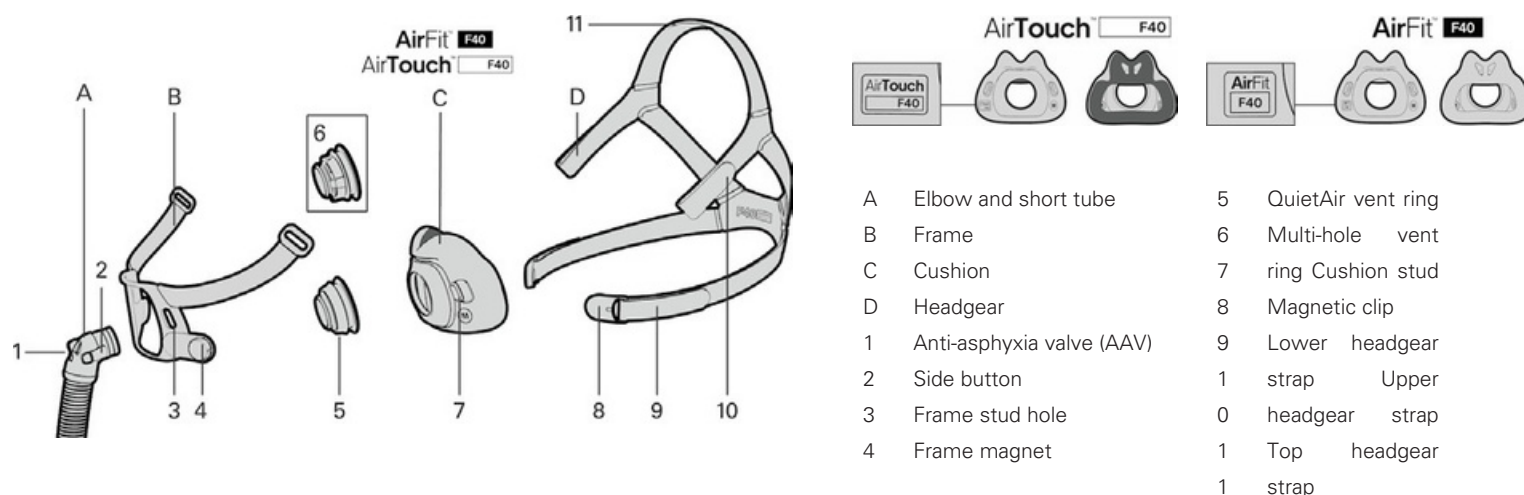
Rx Only
Clinical use only

Disinfection guide

This guide is intended for multi-patient re-use of only the SleepLab Mask (SLM) variants of the AirTouch F40 and AirFit F40 masks in a sleep lab, clinic or hospital. If you use the mask as a single user in the home, refer to the User Guide for cleaning instructions. The processor is responsible for ensuring that reprocessing is completed in accordance with Resmed's validated procedures. Potable water with hardness ≤150 mg/L is recommended for all cleaning, rinsing and disinfection steps.

Mask component ¹	Cleaning	
	Alconox™ (Mild alkaline, anionic detergent)	
	Thermal Disinfection	
	Manual 167°F (75°C) for 30 minutes 194-199°F (90-93°C) for 1 to 10 minutes	
		Validated number of cycles
AirFit F40 cushion	✓	30
AirTouch F40 cushion	✓	
Frame	✓	
Multi-hole vent ring	✓	
Elbow and short tube	✓	
Headgear	✓	
QuietAir™ vent ring	-	Not intended for multi-patient use

¹ May not be available in all regions. For full details regarding the correct use of these masks, please refer to the User Guide. For a list of available replacement parts, check the Product Guide on Resmed.com



Manual cleaning and disinfection procedure

1. Disassembly	Disassemble the mask according to the instructions in the User Guide.
2. Cleaning	1. Make a solution of a mild alkaline, anionic detergent and water as per manufacturer's instructions. Resmed has validated: • Alconox 1% concentration (10 g/L) 86-131°F (30-55°C) 2. Soak all mask components for 5 to 10 minutes. Ensure there are no air bubbles. 3. After the soaking time, while keeping the components in the solution, clean the inside and outside with a soft bristle brush as follows. A soft bristle tube/bottle brush is required for the multi-hole elbow and short tube. Pay particular attention to the crevices and cavities. • AirFit F40 cushion / AirTouch F40 cushion / frame / headgear 1 minute brushing • Multi-hole vent ring 1 minute brushing, followed by 1 minute agitating in the solution. Pay particular attention to the vent holes. • Elbow and short tube 30 seconds brushing including minimum 15s of brushing inside of the short tube 4. For the AirTouch F40, rinse the cushion by shaking vigorously in 5 liters of water at 68-140°F (20-60°C) for 1 minute. 5. Rinse the components as follows under running water at 68-140°F (20-60°C) directly contacting all surfaces. • AirFit F40 cushion / multi-hole vent ring / elbow and short tube 30-60 seconds rinsing • AirTouch F40 cushion Repeat rinsing for 1 minute, while squeezing fabric part repeatedly • Frame 30-60 seconds rinsing, while squeezing the fabric component repeatedly and thoroughly • Headgear 90 seconds rinsing, while squeezing repeatedly and thoroughly
3. Inspection and drying	1. Inspect and if required, repeat all steps in section [2. Cleaning] until visually clean. 2. Squeeze the fabric components to remove excess water. 3. Allow the mask components to air dry out of direct sunlight. Drying is not required if thermal disinfection is continued immediately.
4. Disinfection	1. Fully immerse the mask components in a hot water bath using one of the following temperature-time combinations. Agitate the components in the water bath to ensure no air bubbles. • 167°F (75°C) for 30 minutes, OR • 194-199°F (90-93°C) for 1 to 10 minutes 2. Squeeze the fabric components to remove excess water. 3. Allow the components to air dry out of direct sunlight.
5. Inspection	Perform a visual inspection of each mask component. If any visible deterioration of a mask component is apparent (cracking, crazing, tears, pilling etc.), the mask component should be replaced. Slight discolouration of the silicone and fabric components may occur and is acceptable. Disinfecting fabric components together may result in dye transfer stains and are not recommended.
6. Reassembly	Reassemble the mask according to the instructions in the User Guide.
7. Storage and transportation	For storage and transportation details, check the User Guide.



GENERAL WARNINGS AND CAUTIONS

- Always follow cleaning and disinfection instructions. Some cleaning products may damage the mask, its parts and their function, or leave harmful residual vapors. Any deviations from the procedures listed in this guide, including exceeding the specified number of maximum cycles, can have an adverse effect on the mask and consequently the safety or the quality of therapy.
- Failure to thoroughly clean and disinfect the mask component as indicated may result in inadequate disinfection.
- When using detergents, disinfectants or equipment, always follow the manufacturer's instructions. In the event of conflict, this guide takes precedence.
- Always follow safe operating practices, including the use of appropriate personal protective equipment (PPE), as required. Refer to the manufacturer's safety instructions for more details.



ResMed Pty Ltd
1 Elizabeth Macarthur Drive
Bella Vista NSW 2153 Australia

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