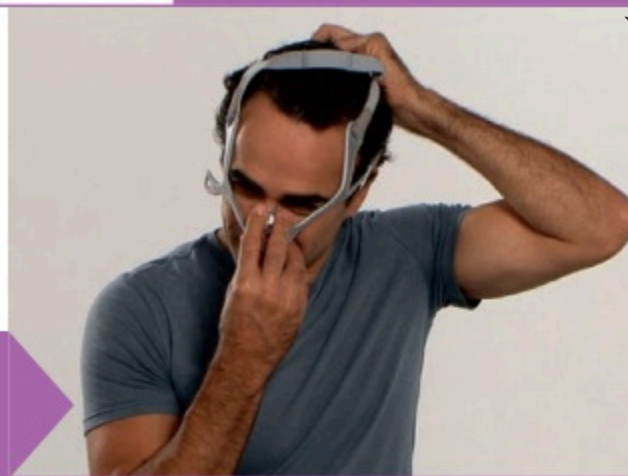CPAP NINJA

1 Before putting on the mask, disconnect the headgear clips by twisting them away from the frame.

Important: Use the mask sizing gauge to select the cushion that fits the width of your nose without blocking your nostrils.

2 Gently hold the cushion in place over the nose and pull the headgear over your head.

Note: The headgear should lie flat against the back of your head.

3 Holding the mask in place, reconnect the clips by pushing them back onto the mask frame.

Note: If you do not want to use the clips, the headgear tabs can be threaded through the slots on the mask frame.

4 Pull back on the headgear tabs to evenly adjust the upper and lower headgear straps. The mask should rest comfortably against your face.

Important: Do not overtighten. The headgear should fit loosely and be comfortable.

5 You may optionally slide the mask tubing through the headgear crown loop before attaching the CPAP tubing.

Note: Using the headgear crown loop may help make some sleeping positions more comfortable.

6 Assume different sleeping positions. Move around until comfortable. If there are any excessive air leaks, make final adjustments while lying down.

Note: Some air leaking is normal. Adjust the upper headgear straps to reduce leaks around your eyes.

Additional details on fitting may be found in the instructions that accompany your mask. A larger headgear is also available by request.

For more information please visit **www.philips.com/respironics**

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